



CITY OF
TALLAHASSEE

17th ANNUAL



CAPITAL CITY *Senior Games*

TALLAHASSEE • FLORIDA

FEBRUARY 25 - MARCH 17, 2026

Torch Run & Fun Walk • Wednesday, February 25 @ 6 p.m. • Cascades Park
Celebration of Athletes • Tuesday, March 17 @ 5:30 p.m. • Senior Center

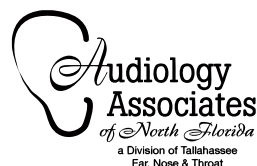
REGISTER ONLINE

TALGOV.COM/SENIORGAMES



Capital Health
PLANSM

An Independent Licensee of the Blue Cross and Blue Shield Association



Visit
Tallahassee
Pretty. Unexpected.

TALGOV.COM/PARKS | f X i YouTube COTPARKS | 891-FUNN

REGISTRATION FORM

PLEASE ONLY USE ONE FORM PER PERSON

This local Senior Games is sanctioned by the Florida Sports Foundation and is a qualifier for the Florida Senior Games State Championships.

Name: _____ Gender: Male _____ Female _____

Address: _____ Email: _____

City: _____ State: _____ Zip: _____ Phone: _____

Date of Birth: _____ Age on 12/31/2026: _____ T-SHIRT SIZE: S M L XL XXL XXXL

Hotel Stay? YES _____ NO _____ If Yes, How Many Nights: _____ Name of Hotel: _____

3 Sport Bonus Gift!

REGISTER FOR 3 OR MORE SPORTS (NOT EVENTS)
& RECEIVE A SENIOR GAMES LUNCH TOTE!

AGE DIVISIONS: 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

CHECK THE WEBSITE
FOR REGISTRATION END DATE

* **QUALIFYING EVENT**
TOP 5 ATHLETES ADVANCE
TO STATE GAMES.

○ **OPEN EVENT**
ALL ATHLETES CAN
PARTICIPATE IN STATE GAMES.

△ **LOCAL EVENT ONLY**
THESE GAMES ARE NOT PART
OF THE STATE GAMES.

5k RACE

☐ 5k Must also register at ShamrockScurry.com

ARCHERY Limit 1 event/person

- ☐ Recurve - w/sights
☐ Barebow Recurve - no sights
☐ Barebow Compound
☐ Compound Finger Release - w/sights
☐ Compound Release - w/sights

BAG TOSS

☐ Traditional (Best 2 out of 3 games)

BASKETBALL

- ☐ Free Throw Shooting
☐ Spot Shooting
☐ Timed Shooting

BILLIARDS 8-Ball

☐ Singles

BOCCE

- ☐ Singles
☐ Doubles Partner _____
☐ Mixed Partner _____

BOWLING

- ☐ Singles
☐ Doubles Partner _____
☐ Mixed Partner _____

CYCLING

- ☐ 5k ☐ 5k Recumbent
☐ 10k ☐ 10k Recumbent

DARTS

☐ Singles

DISC GOLF

☐ Singles

GOLF

☐ 18 Hole Scratch

HORSESHOES

☐ Traditional

PICKLEBALL

- ☐ Singles
☐ Doubles Partner _____
☐ Mixed Partner _____

POWERLIFTING

☐ Benchpress ☐ Dead Lift

RACQUETBALL

☐ Singles

SWIMMING: Limit 6 events/person

US MASTERS SWIM # _____

- Backstroke ☐ 50yd ☐ 100yd ☐ 200yd
Breaststroke ☐ 50yd ☐ 100yd ☐ 200yd
Butterfly ☐ 50yd ☐ 100yd
Freestyle ☐ 50yd ☐ 100yd ☐ 200yd
☐ 500yd

Individual Medley (Four (4) strokes)

☐ 100yd ☐ 200yd ☐ 400yd

TABLE TENNIS

- ☐ Singles
☐ Doubles Partner _____
☐ Mixed Partner _____

TENNIS

- ☐ Doubles Partner _____
☐ Mixed Partner _____

TRACK & FIELD

- ☐ 50m ☐ Discus ☐ High Jump
☐ 100m ☐ Javelin ☐ Long Jump
☐ 200m ☐ Shot Put ☐ Triple Jump
☐ 400m
☐ 800m
☐ 1500m

FUN EVENTS

- ☐ 1 Mile Fun Walk ☐ Mountain Biking
☐ Punt, Pass & Kick ☐ Water Aerobics

REGISTRATION FEE

First Event: _____ = \$15

of Additional Events: _____ x \$3 = _____
(Does not include first event)

ADDITIONAL FEE

Archery: \$5 = _____

Bowling: \$10 = _____

Golf: \$10 = _____

Tennis: \$5 = _____

TOTAL \$ _____

Registration fee includes Celebration of Athletes Event

PLEASE MAKE CHECKS PAYABLE TO:



MORE INFORMATION?

Visit Talgov.com/SeniorGames
or call 850-891-3866

Celebration of ATHLETES

TUESDAY, MARCH 17, 2026 • 5:30PM

**DINNER FOR ATHLETE AND GUEST • 2026 SENIOR GAMES HIGHLIGHTS
SPECIAL RECOGNITIONS**

Tallahassee Senior Center

1400 North Monroe Street, Tallahassee, FL 32303 • 850-891-4000

SCHEDULE of EVENTS

SUN	MON	TUE	WED	THUR	FRI	SAT
			25 Fun Walk - 6pm Torch Run - 6pm	26 Golf - 9am	27 Bowling (S) - 1pm	28 Disc Golf - 8:30am Racquetball - 1pm Track & Field - 11am Javelin - 9am Discus - 10am
1 Horseshoes - 1pm	2 Punt, Pass, Kick - 6pm	3 Pickleball (S) - 8am	4 Pickleball (D) - 8am	5 Pickleball (M) - 8am	6 Bowling (D) - 1pm Bowling (M) - 4pm	7 5K - 8:30 am Basketball - 9am Tennis (D) - 8:30am Tennis (M) - 1pm
8 Cycling - 10am Water Aerobics - 3pm	9 Darts - 6pm	10 Powerlifting - 2pm	11 Swimming - 6pm	12 Bag Toss - 9am	13 Mnt. Biking - 10am Billiards - 1pm	14 Table Tennis - 9am Bocce (D) - 9am Archery - 10am Bocce (M) - 1pm
15 Bocce (S) - 1pm	16	17 Celebration of ATHLETES 5:30PM				

HOW TO REGISTER

ONLINE Talgov.com/SeniorGames
CALL IN Cindy Mead 850-891-3875
DROP OFF
MAIL IN Senior Center
1400 North Monroe St. Tallahassee, FL 32303

**CHECK THE WEBSITE
FOR REGISTRATION
END DATE FOR EACH EVENT**

SENIOR GAMES DIRECTORY

ARCHERY

Saturday, 3/14 • 10am
Tallahassee Archery Club
7268 Blountstown Hwy
Tracy Davis • 850-891-3946

BAG TOSS

Thursday, 3/12 • 9am
Jake Gaither Community Center
801 Bragg Dr
Jerrell Dukes • 850-891-3940

BASKETBALL

Saturday, 3/7 • 9am
Sue McCollum Community Center
501 Ingleside Ave
Courtney Young • 850-891-3946

BILLIARDS

Friday, 3/13 • 1pm
Zingales
1147 Apalachee Pkwy
Kelley Boykins • 850-891-2505

BOCCE

(S) Sunday, 3/15 • 1pm
(D) Saturday, 3/14 • 9am
(M) Saturday, 3/14 • 1pm
Forestmeadows Complex
4750 N Meridian Rd
Steve Leroy • 850-274-5539

BOWLING

(S) Friday, 2/27 • 1pm
(D) Friday, 3/6 • 1pm
(M) Friday, 3/6 • 4pm
Capital Lanes
820 Capital Circle NE
Aeshah McQueen • 850-891-3970

CYCLING

Sunday, 3/8 • 10am
Apalachicola National Forest
10714 Bloxham Cutoff
Raphie Barreto • 850-363-5629

DARTS

Monday, 3/9 • 6pm
Corner Pocket
2475 Apalachee Pkwy
Kate Breese • 850-891-2569

DISC GOLF

Saturday, 2/28 • 8:30am
Shotgun Start
Paradise Park Disc Golf Course
1800 Trimble Rd
Mario Palmentieri • 850-891-3879

FUN WALK

Wednesday, 2/25 • 6pm
Cascades Park
1001 S Gadsden St
Cindy Mead • 850-891-3875

GOLF

Thursday, 2/26 • 9am
Hilaman Golf Course
2737 Blair Stone Rd
Jeremy Harrell • 850-891-2560

HORSESHOES

Sunday, 3/1 • 1pm
Forestmeadows Complex
4750 N Meridian Rd
Steve Leroy • 850-274-5539

MOUNTAIN BIKING

Friday, 3/13 • 10am
Lafayette Heritage Trail
4900 Heritage Trail Blvd
Eryca Childress • 850-509-5746

PICKLEBALL

(S) Tuesday, 3/3 • 8am
(D) Wednesday, 3/4 • 8am
(M) Thursday, 3/5 • 8am
Four Oaks Park / Tom Brown Park
5151 Four Oaks Blvd/501 Easterwood Dr
Lenin Mongerie • 850-891-4979

POWERLIFTING

Tuesday, 3/10 • 2pm
Premier Health & Fitness Center
3521 Maclay Blvd
Christine Morse • 850-431-4828

PUNT,PASS,& KICK

Monday, 3/2 • 6pm
Tom Brown Park
Senior Major Baseball Field
443 Easterwood Dr
Brian Picnic • 850-891-3835

RACQUETBALL

Saturday, 2/28 • 1pm
Forestmeadows Complex •
4750 N Meridian Rd
Steve Leroy • 850-274-5539

SWIMMING

Wednesday, 3/11 • 6pm
Wade Wehunt Pool at Myers Park
1206 Myers Park Dr
Leslie Adams • 850-891-4904

TABLE TENNIS

Saturday, 3/14 • 9am
Jack McLean Community Center
700 Paul Russell Rd
Chris Brown • 850-891-2505

TENNIS

(D) Saturday, 3/7 • 8:30am
(M) Saturday, 3/7 • 1pm
Forestmeadows Complex
4750 N Meridian Rd
Jerry Peacock • 850-891-4979

TRACK & FIELD

Saturday, 2/28 • 11am
(Javelin 9am / Discus 10am)
Chiles High School
7200 Lawton Chiles Ln
Lucas Williams • 850-891-3825

WATER AEROBICS

Sunday, 3/8 • 3pm
Trousdel Aquatics Center
298 John Knox Rd
Lori Di Guglielmo • 850-891-2502

5K (SHAMROCK SCURRY)

Saturday, 3/7 • 8:30am
Must ALSO register at
www.ShamrockScurry.com
Killearn Methodist Church
2800 Shamrock St South
Cindy Mead • 850-891-3875

(S) = SINGLES | (D) = DOUBLES | (M) = MIXED DOUBLES